

## Collaborative Academic Practice Innovation Fellowship Program For Point-of-Care Health Professionals

### The Bitove Family Nursing Fellowship in Dementia Care

Are you a point-of-care nurse working with an older adult population impacted by dementia?  
Are you interested in improving patient care using a relational and/or arts based approach?

If so, you should consider applying for the inaugural *Bitove Family Nursing Fellowship in Dementia Care*

#### What is the CAP Fellowship Program?

- The CAP Fellowship Program is a unique opportunity for full-time or part-time health professionals at UHN to lead a practice-based quality improvement project while learning about leading change in a complex academic health organization. Successful applicants will receive **two eight hour paid protected days per week** over six months to complete their project activities.

#### What is the Bitove Family Nursing Fellowship in Dementia Care?

- The *Bitove Family Nursing Fellowship in Dementia Care* is a CAP Fellowship focused on spreading the relational care philosophy of the [Dotsa Bitove Wellness Academy](#) (DBWA) to other areas of UHN in order to improve the care of persons with dementia.
- The successful Fellow will develop a proposal for a project that would help bring an aspect of relational care to their practice area. This proposal must be informed by a meeting with the team at the DBWA (please email [Kerry-ann.smith@uhn.ca](mailto:Kerry-ann.smith@uhn.ca) to coordinate).
- Once the Fellowship begins, the Fellow will have an opportunity to spend time with the team at the DBWA to learn more about their philosophy in order to inform their project implementation.

#### Who is eligible to apply?

- Any **point-of-care nurse** working with an older adult patient population impacted by dementia who has a passion for improving patient care and the patient experience.

**Dotsa Bitove**  
Wellness Academy



**Deadline to apply is May 25th, 2017 at 1200h (noon)**

For more information and to apply visit: [www.capfellowship.com](http://www.capfellowship.com)

Questions? Email us at [Kerry-ann.smith@uhn.ca](mailto:Kerry-ann.smith@uhn.ca)

# The Dotsa Bitove Wellness Academy

The **Dotsa Bitove Wellness Academy** focuses on learning through relationships and expression of self using movement and art. We are committed to helping change the way society views and speaks about persons with dementia.

## What is the Dotsa Bitove Wellness Academy?

The Dotsa Bitove Wellness Academy is a place for learning for persons with dementia, their families and care partners. Founded on the idea of an academy as a centre of learning, the DBWA provides opportunities for personal growth and discovery through creative activities, education and learning, artistic expression, discussion, intergenerational inquiry, exercise and enjoyment.

A first in Canada, the DBWA is an innovation centre of learning for persons living with dementia with an inspiring arts-based program informed by research and philosophy. The Academy provides activities for family members to share experiences and to support one another.

## Our Philosophy

The Wellness Academy's philosophy is one of engagement, creativity and intergenerational learning. We provide a safe, comfortable environment designed to help participants express their thoughts and feelings about who they are and what they care most about. Activities are led by a professional, caring staff and include meaningful conversations, self expression, yoga, music, art and drama. Compassionate relating is the foundation for multiple activities directed at discovery, living-in-the-moment, and enjoyment. Participants in the Academy are not viewed as patients but as valued citizens. We are committed to changing the way persons with dementia are viewed and spoken about in order to create a more compassionate, relational approach to dementia care.

We are a centre for excellence in research and relational care and are affiliated with York University and University Health Network (UHN). Our arts programming is unique in that practicing professional artists, in collaboration with the participants, create projects that build understanding, learning and new knowledge.

For more information visit:

<http://dotsabitove.com/>

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